

SCOTTISH CROSS COUNTRY UNION

Western District Cross Country Relay Championships

Saturday 15th October 1983

at Linwood Sports Centre

Commencing 2.15 pm

OFFICIALS

Referee	: R L McSwein
Timekeepers	: J McClurg (Chief), D McSwein, H Quinn
Judges	: B A Goodwin (Chief), R Quinn, R Peel, W Fulton, A Burnside
Recorders	: J G Cherry (Chief), D Morrison, Mrs A McSwein, Mrs I Peel, A McFarlane, J Young
Declarations and Master Sheet	: T Fletcher (Chief), Mrs S Fletcher, G Spence, W Robertson, J M Brown
Team Assembly	: J Waddell (Chief), D Brown
Starter	: R Peel
Clerk of the Course	: P C McAtier
Asst Clerk of the Course	: W Toole
Course Stewards	: Members of Pentastar AC
Hon District Secretary	: C A Shields, 21 Bogton Avenue, Muirend, Glasgow G44 3JJ

SPECIAL NOTICE

It must be strictly observed that no limbering up will be allowed on the actual course. Limbering up should take place within areas surrounded by course. Disciplinary action may be taken against anyone who disobeys this order.

No spikes or outdoor running shoes may be worn within the confines of Linwood Sports Centre and mud must be removed from shoes before entering the Sports Centre.

A signal will be given before the start of each Championship race after which the competitors must immediately proceed to the starting point and any competitor not forward for the Official Start will be disqualified.

In all races official team numbers must be worn on vests and pinned at either side of the number. The number must not be reduced in size.

No individual, other than the Officials appointed to manage the event/s and competitors actually engaged in their own event, shall be allowed over or on the course of any Championship races.

Clubs must declare names of runners comprising team half an hour before the advertised time of the start of the races.

Entries for team events must show the colours of the club's vest and a vest of these colours must be worn by all members of the team while competing.

A map of the course will be displayed in the dressing room of the course for each race. Please observe the course for your race. It is your own responsibility if you go off the course.

All competitors MUST run in the declared order of their teams.

Event	Declarations Close	Race Starts
Young Athletes 3 x 2 Mile Relay	1.45	2.15
Senior/Junior 4 x 2½ Mile Relay	2.30	3.00

No late declarations of teams accepted.

Presentation of Awards in Sports Centre at 4.45 approx.

SPIKES OR CROSS-COUNTRY SHOES MUST BE TAKEN OFF BEFORE ENTERING PREMISES

ATHLETES AND SPECTATORS MUST NOT ENCROACH ON START/FINISH LINE (AREA) . . .

SCCU OFFICE-BEARERS

Hon President	:	D Duncan
Hon Vice-Presidents	:	Sir William Lithgow Barr, Capt Adam Thomson, CBE
Hon Life Vice-Presidents	:	E S Murray, R M Dalgleish, MBE
President	:	C R Jones (Edinburgh AC)
Vice-President	:	J G Cherry (Shettleston H)
Immediate Past President	:	J M Young (Ayrshire AAC)
Hon Secretary	:	J E Clifton (Edinburgh Southern H)
Hon Treasurer	:	R L McSwein (Paisley H)

WEST DISTRICT OFFICE-BEARERS

Chairman	:	J G Cherry (Shettleston H)
Vice-Chairman	:	R M Dalgleish (Springburn H)
Hon Secretary/Treasurer	:	C A Shields (Greenock Glenpark H)

YOUNG ATHLETES 3 x 2 MILE CROSS COUNTRY RELAY CHAMPIONSHIP

(1 Junior Boy; 1 Senior Boy; 1 Youth)

1982 Winners : Cambuslang Harriers

Ayr Seaforth AC (Colours: White with Red Diagonal Cross)

- 1 M Cecchimi, B Tyrie, J Graham
- 2 C Smith, D Harrower, A Hardie
- 3 R Beattie, C Dickie, W Robb

Reserves: T McCaig, D Logan, C Maitland, R Templeton, K Corbet, C Kyle

Ayrshire AC (Colours: Yellow with Black Trim)

- 4 I Connell, B Scott, F Murray
- 5 D Hannah, W Tonner, D Lennon
- 6 A Nicholson, M Stephen, L Hanlon
- 7 T Lee, I Bennet, S Conaghan
- 8 S McLean, S Cairns, D McIntosh

Bellahouston H (Colours: Dark Blue with Light Blue Cross)

- 9 M McLean, G McCann, D McDevitt
- 10 F McAuley, C Mulholland, R Stoddart
- 11 J Sweeney, B Dunsmore, R Greig

Reserves: B Donlin, A Rutherford, E Mitchell, G Stronach, M Gallanagh, M O'Neil

Cambuslang H (Colours: Red Vest with Broad White Band on Chest)

- 12 C Wilson, S Wallace, M Hughes
- 13 J Morris, M Morris, P Morris
- 14 A McCulloch, S McCallum, J McLaughlin
- 15 C Smyth, D Graham, F Haugh
- 16 D Sinclair, N Trueman, S O'Raw
- 17 I Greer, S Newton, S Caldwell

Reserves: M Ames, S Allison, A Atkinson, E Atkinson, G Cromar, M McTominay

Clydebank AC (Colours: Gold/White)

- 18 J Divers, R Donnelly, G Nugent
- 19 D Cassidy, D McGinley, C Docherty
- 20 J Gibson, J Monaghan, P Darroch
- 21 R Boyle, S Cameron, B Queenan

Reserves: T McCauley, G Thomas

Clydesdale H (Colours: White Vest with Black "C")

- 22 G Divers, W Galt, G Walker
- 23 G Young, L Pearson, S McDonald
- 24 C Stewart, G McIntosh, C Dougherty
- 25 S Poole, N Hislop, A Brown

Reserves: A Derrick, C Connie, H Hunter, E McMillan, B McShea, A Leitch

Clyde Valley AAC (Colours: Red and White)

26 G Robertson, J Houston, L Smith

27 F Togneri, S Quinn, T Goldie

28 R Campbell, S Skeach, I McCluckie

Reserves: T Togneri, V Healey, S Docherty, S Fox, S Robertson, B McAlorum, J Gildea, K Moyes, T McCluckie, K Mewberry, I Bell, J Casey

Dumbarton AAC (Colours: Black with Red Band)

29 G Stewart, A Miller, J Watt

30 K Thomson, L Gartshore, D Stevenson

Reserves: R Livingston, S Marshall, D Ross, M Stevenson, G Shearer, C J Martin

East Kilbride AAC (Colours: Gold with Two Black Bands)

31 D Roger, D Anderson, C Bryson

32 A Cameron, K Nash, A Cullie

Reserves: B Cullie, J Boyce

Greenock Glenpark H (Colours: Sky Blue with Royal and Gold Hoops)

33 K MacLean, R Mooney, S McIntosh

34 A Laughlin, J Quigg, C Smith

35 I Darroch, A Johnstone, A Gracie

Reserves: P Murray

Greenock Wellpark H (Colours: White with Black Band)

36 G Murray, A Lennox, D McNish

Reserves: B Martin, R Bradley, B Mooney, M Rennie, D Whiteford, S McNish, P Cannon, E Renfrew

Irvine AC (Colours: Red with Navy Trim)

37 G Corbett, A Masson, R Carolan

38 G Corbett, T Carolan, C Ferguson

39 C Richmond, I Brewer, I Robertson

Reserves: K Galleitch, S Douglas, M Roden, S Thomson

Kilbarchan AAC (Colours: Gold Vest with Black Band)

40 B Kirkwood, A Walsh, P Mayles

41 S Clark, C Elliot, T Hearle

42 S Douglas, N Cassidy, B Hawkins

43 J Robertson, S Leighton, J Snodgrass

44 N Moore, J Irvine, P McDonald

45 P Johnson, C McDonald, G Aitken

46 D Elilio, S Bytheway, J Forsyth

47 B Clifford, R Furlong, W Kettlewell

Reserves: D Ryce, S Cosgrove, C Gillan, D Elliot, S Sweeney, M Shepherd, M Wallace, B McGregor, S Campbell, D Spooner, B Crichton, J Young

Kirkintilloch Olympians (Colours: Sky Blue with 1 Black/1 White Hoop)

48 B Day, S Anderson, D Gibson

49 G Gibson, C Anderson, D Goutcher

Reserves: D Sloan, R Morton, I Harris, S McLean, R Thompson, G Reid, G Smith, S Smith

Maryhill H (Colours: Royal Blue)

50 B McIntosh, J McGlade, J McLaughlin

Reserves: J Sutherland, A Gallacher

Nith Valley AC (Colours: Blue with Yellow Diagonal)

51 A Whiffen, S McClymont, T Carmichael

52 A Anderson, K Dodds, J Gibson

53 J Laird, B Mackie, A Murray

Reserves: A Geddes

Shettleston H (Colours: Blue and Gold)

54 J Gallagher, I McAnally, B Scally

55 J McPake, J Brolly, A Swann

56 D Fulton, K Bone, S Walker

Reserves: S Caldwell, S Ogden, K Hughes, D Brownlie, M Curran, R McColl

Springburn H (Colours: Navy)

- 57 P King, T McGowan, S Begen
58 N Duffy, I Ruthven, A Chalmers
59 A Callan, A Harris, D Donnet

Reserves: P Sweeney, I McMillan, M Kerr

Stonehouse AAC (Colours: Sky Blue with Dark Blue Lettering)

- 60 M Boyd, G Wallace, N Baillie
61 D Russel, M Mason, J McKinlay

Reserves: L Ruddoch, M Fox, D Blair, M Wallace, S Millar, S Blair

Taylor High School (Colours: White Top with Maroon Trimmings)

- 62 K McGuinness, G McKee, S Murray
63 P Shannon, S Smillie, P Graham
64 J Graham, B Collins, M McQuade

Reserves: C Kelly, J Kelly, W McConnell, J Wallace, D Graham

Victoria Park AAC (Colours: Blue with White Hoops)

- 65 R Blair, D Sanders, P Wilson
66 S McKenna, G Scott, G Lawson
67 F McGowan, A Malloy, M Wallace
68 I Storer, A Baird, A Forrester

Reserves: I McMillan, S Barnett, G Dick, J Reid, J McAleer, A Nunn

Young Athletes	1	2	3
Team Results	Time		

SENIOR/JUNIOR 4 x 2½ MILE CROSS COUNTRY RELAY CHAMPIONSHIP

1982 Winners : Law and District AC

Ayr Seaforth AC (Colours: White with Red Cross)

- 1 G Fallon, J Thomson, R McCulloch, T McCulloch

Reserves: D Brackenridge, I Baird, G Montgomery

Ayrshire AC (Colours: Yellow with Black Trim)

- 2 R Welsh, I Kerr, R Dalziel, J White
3 R Turley, W Parker, W Melville, W Kilgour

Reserves: J Young, M Ferguson

Beith H (Colours: Black and White)

- 4 K McMaster, J Ainsworth, J Swindale, T Cochrane
5 K Phillips, J Cotton, D Chessum, J Monk

Bellahouston H (Colours: Dark Blue with Light Blue Cross)

- 6 P Fleming, G Braidwood, A Daly, T Coyne
7 G Getty, A McAngus, H Cox, R Guthrie
8 C Joss, T Donnelly, F Clement, S Butler
9 F Bryson, I Burke, G Banks, J Charles
10 A Smith, I Campbell, R Fitzsimmons, E Donnelly
11 I Findlay, R Farrell, B Gallagher, J Hendry
12 J Irvine, S Johnstone, P Morris, G McGregor
13 M McLean, L McCann, A McGettigan, R McCulloch
14 P O'Hagan, D O'Neil, J Russell, R Stoddart

Reserves: W Armour, J Sherry, D Stone, S Stewart, K Charleson, H Scott

Cambuslang H (Colours: Red Vest with White Band on Chest)

- 15 D McShane, T Rhodes, J Orr, S Kenny
- 16 C Thomson, E Stewart, G Grady, W Murdoch
- 17 C Freechan, R Anderson, D Henderson, S McIntosh
- 18 S McFadden, R McCutcheon, J Feeney, A Bain
- 19 A Graham (Jnr), D Cooney, T Rankin, F Carr
- 20 D Mellin, A Graham (Snr), J Brown, J Fitzpatrick
- 21 D McCutcheon, D Ferry, W Mitchell, G McLean
- 22 T Elliott, C Donnelly, R Stone, T Callaghan

Reserves: J Robertson, T McGibbon, D Moffett, D McCafferty, C Ferguson

Clydebank AC (Colours: Gold and White)

- 23 J Mackay, A Marshall, K Orr, D Williams
- 24 S Farrelly, J McGovern, A Mackay, J Timms
- 25 J McLaughlin, N Ponsonby, J Fitzsimons, B Cameron

Reserves: I Marshall

Clydesdale H (Colours: White Vest with Black "C")

- 26 C McIntosh, D McDonald, G Carlin, P Dolan
- 27 J Austin, P Doran, M McDonald, S Darling
- 28 D Gemmell, S Hogan, R Shields, R Rossborough
- 29 R Young, A Wright, C Ryan, T Dolan

Reserves: P Jack, P Milligan, B McAusland, L Pearson, C O'Donnell, P Younger

Clyde Valley AAC (Colours: Red and White)

- 30 J Brown, R McDonald, D Marshall, B Kane

Reserves: W McBrinn, W Marshall, K Campbell, S Reid, F Graham

Cumbernauld AAC (Colours: Skye Blue with Maroon Hoop)

- 31 S Taylor, G Baxter, B Reid, A Reid
- 32 W Upton, S MacRae, J Willis, J Togneri

Reserves: J Upton, R Harvey, J Forbes, G Baird, A Spalding

Dalry Thistle Boys Club AC (Colours: Royal Blue with White Trim)

- 33 D Auchie, I Auchie, R Kerr, A McDowall

Reserves: J Auchie, J Kean

Dumbarton AAC (Colours: Black with Red Band)

- 34 J Stephens, C Martin, A Currie, S Reid
- 35 F Cooney, T McCall, A Prior, P Walsh
- 36 E Caldwell, D Glen, G Hanley, I McWatt
- 37 A Buddy, J Dougan, I Halliday, J Travers

Reserves: R McVicar, B McLaughlan, H Martin, S Martin, S Killbourn, P Hamill

East Kilbride AAC (Colours: Gold with Two Black Bands)

- 38 R Riach, K Clements, C McDougall, G Haddow
- 39 R Ronald, G McKirdy, C Grant, D McKirdy
- 40 A Partridge, G Colvin, D Cowan, G Gibson
- 41 H Quinn, R Gibson, J Hagan, G McManus
- 42 M Brunjes, A Henderson, A Hill, A Mackae
- 43 H Wilson, J Daly, D Turnbull, R Stewart

Reserves: C Davies, A Watt, D Watt, J Little, G Reid, E Reid

Garscube H (Colours: Blue and White)

- 44 S Cullen, D Geddes, J Geddes, A McLachlan
- 45 J Alexander, K McAnna, J McAneny, J Weir
- 46 D O'Reilly, M Brown, S McWilliams, W Cassidy

Reserves: D Spencer, C Loney, W Ritchie

Glasgow University

Hares and Hounds (Colours: Black with Gold "G")

- 47 A Girling, A Wilson, N Walker, T Gillespie
- 48 D Mackay, P MacIntyre, T Todd, A Kinniburgh
- 49 E McIndoe, F Arnot, A Kirkhope, R Taylor

Reserves: S Cambell

Greenock Glenpark H (Colours: Skye Blue with Royal and Gold Hoops)

- 50 J Orr, J Henderson, A Curran, I Cameron
- 51 R Boyd, P Duffy, W Jackson, C Grainger
- 52 R Cleary, D McGhee, D MacNeill, C Miller
- 53 J Davidson, J Docherty, J McCready, D Murray
- 54 E Currie, R Dolan, S O'Connell, J Kerr
- 55 D Childs, A Anderson, K Morrison, W Paterson

Reserves: R Cox, W Dunn, I McMillan

Greenock Wellpark H (Colours: White with Black Band)

- 56 A Cameron, D Cassidy, A Coutts, D Docherty
- 57 W Docherty, C Doyle, J Duffy, G King
- 58 D MacFadyen, C McCorkindale, H Mooney, H Muir

Reserves: D Newman, G Newman, T MacDonald, D Stoddart, W Stoddart, J Taylor

Irvine AC (Colours: Red with Navy Trim)

- 59 W Loudon, A Rennie, J Stevenson, J Sneddon
- 60 F Collier, D Scobie, B Nicol, R Henry
- 61 D King, A King, B Hamilton, K Wyper
- 62 R Tripp, D Kerr, W Speirs, F Caitens

Reserves: A Cowan, M Speirs, J Newbigging, W Malcolmson, J Morton, J Murray

Kilbarchan AAC (Colours: Gold with Black Band)

- 63 R Gardner, A Puckrin, R Quinn, G Fairley
- 64 R Hawkins, M McGinley, R Price, S Ross
- 65 D Petrie, W Toole, A Shelley, B Gardner
- 66 D Finlayson, W McAleer, J Bremner, M Rees
- 67 G Martin, J Rodger, E Taylor, J Pender
- 68 D Mullins, I McKenzie, H Kerr, A Smith
- 69 G Masson, A Goldie, H Ross, I Cosgrove

Reserves: I McDougall, R Barr, J Gibson, S McCormick, J Healy, B Evans

Law & District AAC (Colours: Amber with Red and White Bands)

- 70 H Forgie, J Burns, W Dickson, D Frame
- 71 D Jardine, D Russell, H Walker, T Ramage
- 72 J Aiken, S O'Connor, B Pritchard, W Struthers

Reserves: J McNeil, J Ingram, W Thomson

Maryhill H (Colours: Royal Blue)

- 73 M Gallacher, R Stevenson, G Grubb, K Low
- 74 F Murdoch, R Stark, L McCue, M Pirie
- 75 G Robertson, S Lydon, J Biggan, F Gillan
- 76 R Todd, G Sillars, T Lydon, W Phillips

Reserves: J Hannah, R Ball, F Gallacher, F Evans, F Barr, M Morrison

Pentastar AC (Colours: Blue with White Band)

- 77 A Baird, M Grabham, S Anderson, J McGuinness
- 78 R Rooney, A Andrews, F McGourlick, I Kenneth

Reserves: J Reynolds, P McAtier, G Benson, T McGourlick, C Braidwood

Shettleston H (Colours: Blue with Gold Band)

- 79 N Muir, P Carton, M Taggart, B Scally
- 80 S Penman, P McMahon, J Ross, J Chalmers
- 81 T Kelly, P Brannigan, H Inglis, M Finison
- 82 E Brown, J Morton, J McGoff, A McDermid

Reserves: C Thomson, T Lucas, A Jackson

Spango Valley AAC (Colours: Grey with Maroon Side Panels)

- 83 J Stewart, R Spence, C Spence, C Leck
- 84 T Wilkie, R Hyett, J Gallagher, K Ferguson
- 85 D McGarrity, D Olding, A Murray, D McCabe
- 86 T Dobbin, A Galbraith, B Johnston, G Spence
- 87 L McMahan, A Page, G Munn, J Gribbon
- 88 M Coyle, S Brownlie, D Campbell, A Irvine
- 89 D Martin, D McCabe, J Gallacher, B Cunningham

Springburn H (Colours: Navy)

90 R Chalmers, J Cooper, S Murphy, A McIndoe

Reserves: H Gorman, D Wilmoth

Stirling University (Colours: Yellow Vest)

91 R McCraw, J Welsh, R Wilkinson, N Armstrong

92 I McCrae, I Duff, D Wood, F Kelly

Reserves: R Todd, S Paul, C Robertson

Stonehouse AAC (Colours: Sky Blue with Dark Blue Letters)

93 C Morrow, A Sandilands, A Ross, I Laidlaw

Reserves: W McBrearty, R Graham

Strathclyde Police AC (Colours: Blue Vest with White and Black Diagonal Stripe)

94 R Hawkins, J Pollock, E McIvor, W Lowe

95 J McMillan, N Scott, D Benson, S Croll

Victoria Park AAC (Colours: Blue with White Hoops)

96 A Douglas, D McMeekin, J MacFie, G Diverty

97 L Petrie, T Wiseman, K Menrice, C Little

98 J Stevenson, G Longhurst, J Harvie, A Whyton

99 J Bogan, P O'Kane, B Docherty, J Wallis

Reserves: A Wilson, R Blair, R Boyd, R Johnstone, H Barrow, W Crawford

Westerlands CC Club (Colours: Yellow Vest with Black "W" on Back)

100 A Brown, C Macadam, W Sheridan, T Logue

101 S Crawford, I Struthers, T Donohue, W Reid

102 A Campbell, G McGettigan, D Calder, G Struthers

Senior/Junior	1	2	3.....
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Team Results	Time		
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SCCU WESTERN DISTRICT CROSS COUNTRY RELAY CHAMPIONSHIPS

at Linwood on Saturday 15 October 1983

RESULTS

Senior/Junior 4 x 2½ Miles Championships

- 1 Bellahouston Harriers (G Getty (4) 14-18; A Daly (3) 14-37; A Coyne (1) 14-21; G Braidwood (1) 13-49) 56min 55sec.
- 2 Law & District AC (J Burns (6) 14-24; H Forgie (1) 14-17; W Dickson (2) 14-39; D Frame (2) 13-36) 56min 56sec.
- 3 Spango Valley AC (L Stewart (7) 14-38; C Spence (5) 14-12; T Wilkie (4) 14-42; L Spence (3) 14-08) 57min 40sec.
- 4 Glasgow University H & H (A Wilson (1) 14-12; T Gillespie (6) 15-00; A Girling (3) 14-10; N Walker (4) 14-29) 57min 51sec.
- 5 Cambuslang Harriers (T Ulliot (13) 14-50; R Stone (9) 14-32; E Stewart (6) 14-12; C Donnelly (5) 14-47) 58min 21sec.
- 6 Kilbarchan AAC (R Gardner (8) 14-41; R Quinn (4) 14-05; M McGinley (8) 15-24; A Puckrin (6) 14-26) 58min 36sec.
- 7 Greenock Wellpark Harriers (J Duffy (5) 14-21; D McFadyen (2) 14-21; C McCorkindale (7) 14-53; A Coutts (7) 15-13) 58min 48sec.
- 8 Bellahouston 'B' (C Joss (11) 14-48; P Fleming (7) 14-29; A McAngus (5) 14-16; T Donnelly (8) 15-24) 58min 57sec.
- 9 Dumbarton AAC (J Stephens (14) 14-56; A Currie (8) 14-25; C Martin (9) 15-13; S Reid (9) 14-40) 59min 14sec.
- 10 Strathclyde Police AC (R Hawkins (3) 14-17; J Pollock (11) 15-14; S Croal (11) 15-18; J McMillan (10) 15-31) 60min 10sec.
- 11 East Kilbride AC (C Grant (28) 15-32; R Riach (16) 14-30; G Haddow (10) 14-39; R Ronald (11) 15-33) 60min 14sec.
- 12 Glasgow University 'B' (D MacKay (15) 14-56; T Todd (23) 15-40; J Campbell (16) 14-57; P MacIntyre (12) 14-55) 60min 28sec.
- 13 Cambuslang 'C' (D McShane (2) 14-16; J Robertson (10) 15-13; W Mitchell (12) 15-21; R Anderson (13) 15-45) 60min 35sec.
- 14 Cambuslang 'B' (J Orr (9) 14-44; C Feechan (15) 15-17; R McCutcheon (14) 15-31; T Rhodes (14) 15-11) 60min 43sec.
- 15 Clydebank AC (K Orr (21) 15-07; J MacKay (18) 15-16; A Marshall (15) 15-10; D Williams (15) 15-13) 60min 46sec.
- 16 Shettleston Harriers (J Chalmers (25) 15-21; P Carton (12) 14-21; W Scally (13) 15-34; P McMahon (16) 15-42) 60min 58sec.
- 17 Springburn Harriers (A McIndoe (20) 15-04; J Cooper (13) 14-54; J Murphy (17) 15-47; R Chalmers (17) 15-28) 61min 13sec.
- 18 Greenock Glenpark Harriers (A Curran (17) 15-00; W Jackson (21) 15-32; C Grainger (19) 15-29; I Cameron (18) 15-33) 61min 34sec.
- 19 Clydesdale Harriers (G Carlin (24) 15-19; P Dolan (17) 14-49; J Austin (18) 15-38; P Doran (19) 15-58) 61min 54sec.
- 20 Ayrshire AC (R Welsh (10) 14-46; J White (24) 15-58; I Kerr (20) 15-16; R Turley (20) 15-51) 62min 01sec.
- 21 Spango Valley 'B' (R Hyett (16) 14-58; K Ferguson (19) 15-28; S Brownlie (21) 16-06; J Gallacher (21) 15-33) 62min 05sec.
- 22 Greenock Glenpark 'B' (R Boyd (29) 15-33; J Docherty (34) 16-03; D McNeill (31) 16-38; J Orr (22) 14-44) 62min 58sec.

- 23 Pentastar AC (M Grabham (31) 15-39; J Reynolds (22) 14-54; F Gourlick (22) 16-25; J McGuinness (23) 16-09) 63min 07sec.
- 24 Maryhill Harriers (M Gallacher (18) 15-02; R Stevenson (20) 15-26; G Grubb (23) 16-35; K Low (24) 16-11) 63min 14sec.
- 25 Cambuslang 'D' (C Thomson (32) 15-43; D Cooney (37) 16-01; S Kenny (30) 16-18; A Bain (25) 15-16) 63min 18sec.
- 26 Bellahouston 'D' (K Charleston (43) 16-17; G McGregor (44) 16-21; F Bryson (32) 15-38; R Guthrie (26) 15-03) 63min 19sec.
- 27 Clydebank 'B' (A MacKay (36) 15-50; S Farrelly (33) 15-44; B Cameron (26) 16-03; I Marshall (27) 15-48) 63min 25sec.
- 28 Greenock Wellpark 'B' (C Doyle (19) 15-03; D Cassidy (27) 16-13; D Doyle (25) 16-09; G King (28) 16-13) 63min 38sec.
- 29 Irvine AC (J Stevenson (35) 15-48; J Sheddin (29) 15-33; D King (33) 16-55; A Rennie (29) 15-25) 63min 41sec.
- 30 Kilbarchan 'B' (W Toole (38) 15-52; S Ross (31) 15-34; J Bremner (24) 15-50; D Petrie (30) 16-33) 63min 49sec.
- 31 Victoria Park AAC (K Penrice (27) 15-26; C Little (30) 15-57; R Boyd (28) 16-26; H Barrow (31) 16-23) 64min 12sec.
- 32 Bellahouston 'C' (J Henry (26) 15-21; R Fitzsimmons (25) 15-47; P O'Hagen (29) 16-42; A Smith (32) 16-26) 64min 16sec.
- 33 Dumbarton 'B' (P Walsh (55) 16-40; G Hanley (45) 16-14; A McCall (38) 15-44; F Cooney (33) 15-57) 64min 35sec.
- 34 Garscube Harriers (S McWilliams (47) 16-26; S Cullen (41) 15-56; J Alexander (39) 16-24; D Geddes (34) 15-51) 64min 37sec.
- 35 Clydesdale 'B' (C McIntosh (37) 15-50; D Macdonald (32) 15-43; R Young (27) 16-15; A Wright (35) 17-17) 65min 05sec.
- 36 Strathclyde Police 'B' (W Lowe (34) 15-47; N Scott (28) 15-34; G Hume (37) 17-13; D Benson (36) 16-37) 65min 11sec.
- 37 Dalry Thistle BC (D Auchie (22) 15-16; J Auchie (39) 16-52; R Kerr (34) 16-21; A McDowall (37) 16-44) 65min 13sec.
- 38 Spango Valley 'C' (D McCabe (30) 15-38; D Olding (35) 16-05; B Johnston (35) 16-47; A Murray (38) 16-48) 65min 18sec.
- 39 Westerlands CCC (C McAdam (83) 19-44; W Sheridan (50) 13-44; A Brown (43) 16-06; D Calder (39) 16-26) 65min 50sec.
- 40 Kilbarchan 'C' (W McAleer (49) 16-33; S McCormick (42) 15-50; B Gardner (41) 16-37; R Price (40) 17-04) 66min 04sec.
- 41 Greenock Glenpark 'C' (J McCready (46) 16-20; R Cleary (51) 17-11; K Morrison (49) 16-54; P Duffy (41) 15-50) 66min 15sec.
- 42 Shettleston 'B' (J McGoff (50) 16-34; E Brown (62) 17-28; H Inglis (54) 17-05; P Brannigan (42) 15-25) 66min 32sec.
- 43 Stirling University AC (J Welsh (41) 16-03; R McCran (36) 15-40; N Armstrong (40) 17-13; S Paul (43) 17-56) 66min 52sec.
- 44 Ayrshire 'B' (R Dalziel (39) 15-54; M Ferguson (26) 15-16; W Kilgour (36) 17-23; W Parker (44) 18-21) 66min 54sec.
- 45 Spango Valley 'D' (B Cunningham (60) 16-54; M Coyle (48) 16-18; G Spence (45) 16-25; D Campbell (45) 17-20) 66min 57sec.
- 46 Cambuslang 'E' (A Graham (Jun) (40) 15-54; T Callaghan (38) 15-56; D Mellin (46) 18-08; W Murdoch (46) 17-09) 67min 13sec.
- 47 Irvine 'B' (R Henry (42) 16-13; W Malcolmson (43) 16-17; K Wyper (44) 17-04; D Scobie (47) 16-55) 67min 21sec.
- 48 Greenock Glenpark 'E' (R Dolan (63) 17-06; J Kerr (55) 16-44; J Davidson (57) 17-37; C Miller (48) 16-23) 67min 24sec.

- 49 Beith Harriers (T Cochrane (54) 16-39; K McMaster (59) 17-16; J Swindale (58) 17-45; D Chessum (49) 16-52) 67min 32sec.
- 50 Greenock Glenpark 'D' (W Hamill (57) 16-42; E Currie (65) 17-37; D Murray (53) 16-46; W Paterson (50) 17-00) 68min 05sec.
- 51 Cambuslang 'F' (G McLean (33) 15-46; F Carr (46) 17-22; G Grady (47) 17-07; A Graham (Sen) (51) 17-52) 68min 07sec.
- 52 Shettleston 'C' (A McDermid (70) 17-32; J Morton (66) 16-56; M Finbow (50) 16-25; S Penman (52) 17-18) 68min 11sec.
- 53 Garscube 'B' (A McLachlan (45) 16-19; B Cossar (52) 17-17; M Brown (51) 17-20; J Weir (53) 18-01) 68min 57sec.
- 54 Victoria Park 'B' (P O'Kane (56) 16-40; J Bogan (64) 17-29; G Longhurst (56) 17-14; A Whyton (54) 17-38) 69min 01sec.
- 55 Greenock Wellpark 'C' (G Newman (73) 17-37; J Taylor (60) 16-18; B Newman (55) 17-14; T MacDonald (55) 18-20) 69min 29sec.
- 56 Kilbarchan 'D' (E Taylor (59) 16-44; G Martin (58) 17-11; J Rodger (61) 18-31; J Pender (56) 17-03) 69min 29sec.
- 57 East Kilbride 'C' (G McKirdy (61) 16-57; R Gibson (57) 16-58; J Daly (59) 18-01; D McKirdy (57) 17-34) 69min 30sec.
- 58 Dumbarton 'C' (J Dougan (64) 17-15; I McWatt (56) 16-38; B McLaughlin (52) 17-07; S Killbourn (58) 19-04) 70min 04sec.
- 59 Stonehouse AC (A Ross (51) 16-35; C Morrow (49) 16-39; I Laidlaw (63) 19-26; A Sandilands (59) 17-33) 70min 13sec.
- 60 Irvine 'D' (F Caitens (66) 17-28; W Speirs (67) 17-14; D Kerr (62) 17-56; R Tripp (60) 17-53) 70min 31sec.
- 61 East Kilbride 'E' (D Turnbull (78) 18-12; H Quinn (73) 17-38; D Cowan (69) 17-45; R Stewart (61) 17-38) 71min 13sec.
- 62 Kilbarchan 'E' (A Goldie (65) 17-22; A Smith (68) 17-27; J Healey (68) 18-44; G Masson (62) 17-50) 71min 23sec.
- 63 Law & District 'B' (H Walker (48) 16-30; S O'Conner (61) 17-30; T Ramage (65) 19-21; W Struthers (63) 18-11) 71min 32sec.
- 64 East Kilbride 'D' (J Hagan (80) 18-51; G Gibson (77) 17-43; A Henderson (70) 17-06; H Wilson (64) 17-53) 71min 33sec.
- 65 Glasgow University 'C' (A Kinniburgh (79) 18-14; E McIndoe (75) 18-01; A Kirkhope (67) 17-16; R Taylor (65) 18-17) 71min 48sec.
- 66 Maryhill 'B' (F Murdoch (67) 17-29; W Phillips (76) 19-01; G Robertson (71) 18-04; M Pirie (66) 18-35) 73min 09sec.
- 67 Maryhill 'C' (J Biggan (77) 18-09; J Hannah (83) 19-29; W Morrison (77) 18-37; F Evans (67) 18-39) 74min 54sec.
- 68 Garscube 'C' (W Cassidy (84) 20-27; D O'Reilly (82) 17-07; D Spencer (78) 19-30; C Jackson (68) 17-53) 74min 57sec.
- 69 Pentastar 'B' (I Kenneth (62) 17-03; T McCourlick (79) 19-55; A Andrews (75) 18-47; R Rooney (69) 19-18) 75min 03sec.
- 70 Bellahouston 'E' (J Charles (82) 19-30; S Stewart (78) 17-08; L McCann (74) 18-22; P Morris (70) 20-15) 75min 15sec.
- 71 Beith 'B' (J Cotton (68) 17-30; K Phillips (71) 17-58; J Ainsworth (76) 20-45; J Monk (71) 19-46) 75min 59sec.
- 72 Kilbarchan 'F' (R Barr (81) 19-23; H Ross (80) 17-46; I McFadyen (79) 19-28; I Cosgrove (72) 22-02) 79min 39sec.

Incomplete Teams

Ayr Seaforth AC (J Thomson (23) 15-18; G Montgomery (40) 16-52; T McCulloch (42) 16-56) 49min 06sec.

East Kilbride 'B' (C Reid (71) 17-33; C Colvin (47) 15-37; A McRoe (48) 17-11) 50min 21sec.
 Cambuslang 'H' (S McIntosh (53) 16-38; S McFadden (54) 17-10; C Brown (60) 18-18) 52min 06sec.
 Greenock Glenpark 'F' (A Anderson (74) 17-38; D Childs (74) 18-32; W Dunn (64) 16-36) 52min 46sec.
 Irvine 'C' (F Collier (75) 17-43; J Morton (70) 17-44; J Murray (64) 18-02) 53min 29sec.
 Clydebank 'C' (J McLaughlin (58) 16-42; F Fitzsimmons (69) 18-17; N Ponsonby (72) 19-43) 54min 42sec.
 Spango Valley 'E' (D Martin (72) 17-34; L McMahon (72) 18-04; J Gallagher (73) 19-13) 54min 51sec.
 Clyde Valley AC (D Marshall (12) 14-48; B Kane (14) 15-11) 29min 59sec.
 Maryhill 'D' (R Stork (44) 16-18; R Ball (53) 17-29) 33min 47sec.
 Clydesdale 'C' (S Hogan (69) 17-31; P Jack (58) 16-24) 33min 55sec.
 Cambuslang 'G' (J McGibbon (52) 16-37; D Henderson (63) 17-30) 34min 07sec.
 Westerlands 'B' (A Campbell (85) 21-00; T Donohue (81) 16-11) 37min 11sec.
 Spango Valley 'F' (A Page (76) 17-58).
 Kilbarchan 'G' (J Gibson (86) 21-38).

Fastest Senior/Junior 2½ Miles Laps

1 D Frame (Law) 13-36; 2 W Sheridan (Westerlands) 13-44; 3 G Braidwood (Bellahouston) 13-49;
 4 R Quinn (J) (Kilbarchan) 14-05; 5 L Spence (Spango Valley) 14-08; 6 A Girling (Glasgow University) 14-10; 7 E Stewart (Cambuslang), A Wilson (J) (Glasgow University) and C Spence (Spango Valley) all 14-12; 10 A McAngus (Bellahouston) and D McShane (Cambuslang) both 14-16; 12 H Forgie (Law) and R Hawkins (Strathclyde Police) both 14-17; 14 G Getty (Bellahouston) 14-18.

Young Athletes 3 x 2 Miles Championships

(Running Order : Junior Boy; Senior Boy; Youth)

- 1 Cambuslang Harriers (C Wilson (20) 13-09; S Wallace (6) 11-30; P Morris (2) 11-20) 35min 39sec.
- 2 Kilbarchan Harriers (B Kirkwood (4) 12-31; N Cassidy (1) 11-52; P Mayles (2) 11-29) 35min 52sec.
- 3 Ayr Seaforth AC (R Beattie (27) 13-35; B Tyrie (12) 11-37; J Graham (3) 10-47) 35min 59sec.
- 4 Kilbarchan 'B' (S Clark (15) 12-57; A Walsh (8) 11-50; T Hearle (4) 11-21) 36min 08sec.
- 5 Victoria Park AAC (R Blair 12-22; G Scott (9) 12-33; P Wilson (5) 11-23) 36min 18sec.
- 6 Clyde Valley AC (F Togneri (14) 12-55; J Houston (13) 12-19; I McLuckie (6) 11-07) 36min 27sec.
- 7 Clydesdale Harriers (G Divers (13) 12-54; W Gault (14) 12-26; G Walker (7) 11-02) 36min 22sec.
- 8 Nith Valley AC (A Whiffen (8) 12-47; S McClymont (15) 12-37; A Carmichael (8) 11-02) 36min 26sec.
- 9 Clydebank AC (J Divers (16) 12-59; R Donnelly (2) 11-26; G Nugent (9) 12-08) 36min 33sec.
- 10 Kilbarchan 'C' (S Douglas (5) 12-38; S Leighton (7) 12-08; B Hawkins (10) 11-50) 36min 36sec.
- 11 Victoria Park 'B' (F McCowan (2) 12-29; A Baird (11) 12-38; G Lawson (11) 11-50) 36min 57sec.
- 12 Greenock Glenpark 'B' (A McLaughlin (10) 12-51; R Mooney (4) 11-40; C Smith (12) 12-31) 37min 02sec.
- 13 Irvine AC (G Corbett (7) 12-43; T Carolan (16) 12-57; R Carolan (13) 11-29) 37min 09sec.
- 14 Greenock Glenpark H (K McLean (9) 12-50; A Johnstone (3) 11-36; S McIntosh (14) 12-52) 37min 18sec.

- 15 Clyde Valley 'B' (A Togneri (19) 13-07; B McAlorum (23) 13-08; K Newberry (15) 11-13) 37min 28sec.
- 16 Cambuslang 'B' (A McCulloch (40) 13-59; N Trueman (24) 12-23; J McLaughlin (16) 11-15) 37min 37sec.
- 17 Ayrshire AC (I Connell (6) 12-39; B Scott (17) 13-05; F Murray (17) 11-59) 37min 43sec.
- 18 Shettleston Harriers (J Gallacher (22) 13-24; J Brolly (33) 13-26; B Scally (18) 11-00) 37min 50sec.
- 19 Cambuslang 'C' (D Sinclair (32) 13-39; D Graham (28) 12-53; F Flaugh (19) 11-19) 37min 51sec.
- 20 Clydebank 'B' (D Cassidy (12) 12-53; D McGinley (10) 12-04; P Darroch (20) 13-00) 37min 57sec.
- 21 Clyde Valley 'C' (V Healey (28) 13-36; S Quinn (21) 12-33; T Goldie (21) 11-51) 38min 00sec.
- 22 Kilbarchan 'F' (J Cosgrove (33) 13-42; R Furlong (29) 12-52; G Aitken (22) 11-34) 38min 08sec.
- 23 Clydebank 'C' (S Gibson (21) 13-20; J Monaghan (18) 12-37; C Docherty (23) 12-15) 38min 13sec.
- 24 Bellahouston 'B' (M McLean (34) 13-49; B Dunsmore (22) 12-21; P McDevitt (24) 12-06) 38min 16sec.
- 25 Dumbarton AAC (G Stewart (3) 12-30; A Millar (38) 14-32; G Shearer (25) 11-14) 38min 16sec.
- 26 Ayr Seaforth 'B' (M Cecchimi (35) 13-51; D Harrower (30) 12-45; W Robb (24) 11-47) 38min 23sec.
- 27 Bellahouston Harriers (F McAulay (49) 14-25; P O'Donnell (34) 12-31; M O'Neil (27) 11-35) 38min 31sec.
- 28 Bellahouston 'C' (D Rutherford (43) 14-10; C Mulholland (20) 11-56; R Stoddart (28) 12-31) 38min 37sec.
- 29 Clydesdale 'B' (G Young (30) 13-38; L Pearson (25) 12-47; C Dougherty (29) 12-14) 38min 39sec.
- 30 Kirkintilloch Olympians (B Day (24) 13-30; S Anderson (19) 12-33; D Gibson (30) 12-39) 38min 42sec.
- 31 Shettleston 'B' (J McPake (23) 13-25; K Bone (43) 14-21; A Swann (31) 11-18) 39min 04sec.
- 32 Shettleston 'C' (D Fulton (31) 13-39; D Brownlee (39) 13-26; S Walker (32) 12-04) 39min 09sec.
- 33 Cambuslang 'D' (I Greer (47) 14-19; S McCullum (35) 12-38; S O'Raw (33) 12-16) 39min 13sec.
- 34 Ayrshire 'B' (T Lea (37) 13-54; S Cairns (32) 22-52; D McLennon (34) 12-29) 39min 15sec.
- 35 Greenock Wellpark Harriers (G MacKay (48) 14-24; A Lennox (42) 13-21; S McNish (35) 11-32) 39min 17sec.
- 36 Kilbarchan 'E' (P Johnson (42) 14-05; C McDonald (37) 12-56; T Forsyth (36) 12-27) 39min 28sec.
- 37 Ayrshire 'C' (S McLean (11) 12-52; M Stephen (27) 13-41; I Hanlin (37) 12-58) 39min 29sec.
- 38 Kirkintilloch Olympians 'B' (G Gibson (26) 13-35; C Anderson (40) 13-44; D Goutcher (38) 12-10) 39min 29sec.
- 39 Kilbarchan 'D' (J Robertson (45) 14-13; S Bytheway (44) 13-34; J Snodgrass (39) 11-51) 39min 38sec.
- 40 Victoria Park 'C' (S Barnett (25) 13-34; G Dick (31) 13-08; M Wallace (40) 13-05) 39min 47sec.
- 41 Maryhill Harriers (B McIntosh (17) 13-01; J McGlade (5) 11-32; J McLaughlan (41) 15-34) 40min 07sec.
- 42 Stonehouse AC (M Boyd (51) 14-43; G Wallace (49) 13-38; N Baillie (42) 11-50) 40min 11sec.

- 43 East Kilbride AC (C Rodger (38) 13-58; K Nash (48) 14-04; C Bryden (43) 12-21) 40min 23sec.
- 44 Nith Valley 'B' (J Laird (18) 13-02; A Anderson (26) 13-27; A Murray (44) 14-08) 40min 37sec.
- 45 Ayr Seaforth 'C' (C Smith (46) 14-16; C Dickie (46) 13-39; A Hardie (45) 12-44) 40min 39sec.
- 46 Ayrshire 'D' (D Hannah (39) 13-59; M Gray (53) 14-58; S Connachan (46) 11-47) 40min 44sec.
- 47 Cambuslang 'E' (C Smyth (29) 13-38; S Newton (45) 14-11; S Caldwell (47) 13-34) 41min 23sec.
- 48 Clydesdale 'C' (S Poole (54) 15-10; G McIntosh (52) 13-29; S McDonald (48) 12-45) 41min 24sec.
- 49 Irvine 'B' (G Corbett (55) 15-28; I Brewer (54) 13-43; C Ferguson (49) 12-30) 41min 41sec.
- 50 Clydebank 'D' (R Boyle (36) 13-53; G Thomas (36) 13-05; B Queenan (50) 14-50) 41min 48sec.
- 51 Stonehouse 'B' (D Russell (41) 14-01; M Mason (55) 15-12; J McKinlay (51) 13-23) 42min 36sec.
- 52 East Kilbride 'B' (A Cameron (57) 16-22; B Cullie (55) 15-22; A Cullie (52) 13-45) 45min 29sec.

Incomplete Teams

Victoria Park 'D' (I Storer (44) 14-13; J Reid (41) 13-25) 27min 38sec.

Kilbarchan 'G' (B Cufford (55) 15-37; M Shepherd (47) 12-21) 27min 58sec.

Nith Valley 'C' (A Geddes (50) 14-25; W MacNee (50) 14-04) 28min 29sec.

Cambuslang 'F' (M Ames (53) 14-59; E Atkinson (51) 13-37) 28min 36sec.

Kilbarchan 'H' (D Ryce (52) 14-56).

Fastest Young Athletes 2 Miles Laps

Junior Boys: 1 R Blair (Victoria Park) 12-22; 2 F McCowan (Victoria Park) 12-29; 3 G Stewart (Dumbarton) 12-30; 4 B Kirkwood (Kilbarchan) 12-31; 5 S Douglas (Kilbarchan 'C') 12-38; 6 I Connell (Ayrshire) 12-39.

Senior Boys: 1 R Donnelly (Clydebank) 11-26; 2 S Wallace (Cambuslang) 11-30; 3 J McGlade (Maryhill) 11-32; 4 A Johnstone (Greenock Glenpark) 11-36; 5 B Tyrie (Ayr Seaforth) 11-37; 6 R Mooney (Greenock Glenpark 'B') 11-40.

Youths: 1 J Graham (Ayr Seaforth) 10-47; 2 P Morris (Cambuslang) and B Scally (Shettleston) both 11-00; 3 A Carmichael (Nith Valley) and G Walker (Clydesdale) both 11-03; 5 I McLuckie (Clyde Valley) 11-07; 6 J McLaughlin (Cambuslang 'B') 11-15.

On behalf of the Western District Committee I wish to thank Pentastar AC for acting as Host Club to the District Relay Championships, especially to Pat McAtier and Bill Toole who did so much to ensure a good trail and such excellent changing accommodation at Linwood Sports Centre.

Thanks are also given to Mr Kerr, who allowed the use of his farm fields for our trail, and to Miss Kinnaird, Manager of Linwood Sports Centre, who proved so helpful in arranging our changing accommodation at the Centre and made us welcome.

The Officials, both inside and outside, worked hard as usual, carrying out their tasks with their usual high efficiency and we must pay tribute to these hard working Officials who turn out in all weathers to ensure the successful completion of the Championships and the presentation of complete results within such a short time of the completion of the races.

The large entry of 102 Senior teams and 68 Young Athletes confirms the healthy state of our sport and I look forward to welcoming all clubs to the District Championships at Leverndale, Glasgow on Saturday 28th January 1984.

C A SHIELDS
(District Secretary)

Trotters 50:32; 16, St. Andrews Univ. 50:47; 17, Livingston 50:51; 18, Teviotdale 50:57; 19, Central Region 51:13; 20, Edinburgh AC 'D' 51:20. **Fastest:** Fox 11:17; A. Hutton (ESH) 11:26; Laing 11:31; A. Weatherhead (EAC) 11:34; C. Haskett (Dund) 11:36; S. Gibson (H. Bog) 11:38. (**Young Athletes** — **JB, SB, Y:**) 1, Teviotdale (C. Murphy 10:55, D. Rudkin 11:02, C. Nichol 10:05) 32:02; 2, Edinburgh AC (I. Gourlay 11:10, I. Kennedy 11:00, G. Phillips 10:19) 32:29; 3, Livingston (S. Bailey 11:40, J. McKenzie 10:42, R. Paterson 10:10) 32:32; 4, Edinburgh AC 'B' 32:39; 5, Pitreavie 32:42; 6, Fauldhouse Miners 32:50; 7, Edinburgh AC 'C' 32:52; 8, Falkirk Victoria 32:54; 9, Edinburgh Southern 'B' 32:54; 10, Teviotdale 'B' 33:11. **Fastest:** Jnr. Boys: Cumming (Pit) 10:54; Murphy 10:55; G. Robertson (Tev. 'B') 11:03. Snr. Boys: M. Pullar (Pit) 10:12; K. Fraser (Pit 'B') 10:24; J. Hughes (Fauld) 10:30. Youths: T. Hanlon (ESH) 9:43; Nichol 10:05; Paterson 10:10. (**Colts:**) 1, J. Hemmings (Pit) 4:10; 2, C. Lindsay (ESH) 4:15; 3, N. Idessane (ESH) 4:16. Team: Edinburgh Southern.

Northern, at Forres

1, Inverness (B. Turnbull 12:55, R. Macdonald 12:57, L. Hunter 13:42, P. Kenny 12:31) 52:05; 2, Forres (R. Cowe 13:55, M. McCulloch 13:14, I. McKenzie 13:21, N. Martin 12:53) 53:23; 3, Elgin (R. Cameron 13:53, M. Turner 13:15, M. Francis 13:50, A. Moffatt 13:23) 54:21; 4, Caithness 55:05; 5, Lochaber 57:22; 6, Inverness 'B' 58:22. **Fastest:** Kenny 12:31; W. Millar (Caith) 12:39; Martin 12:53. (**Young Athletes** — **JB, SB, Y:**) 1, Elgin (M. Richardson 12:56, C. Donald 11:27, N. Proven 12:27) 36:50; 2, Inverness (D. Bell 13:06, S. Garland 12:24, G. McLennan 11:35) 37:05; 3, Inverness 'B' 39:17; 4, Forres 39:20; 5, Inverness 'C' 39:30; 6, Lochaber 39:39. **Fastest:** Jnr. Boys: G. Jarvie (Caith) 12:55. Snr. Boys: Donald 11:27. Youths: M. Robertson (Inverness) 11:30.

Western, at Linwood

Despite an outstanding last lap by Doug Frame, Law failed by just a metre to retain their Senior title over a heavy, farmland course. Victory went to the foursome from Bellahouston, all sub-2:23 marathon men, who performed well over the 2½ mile course, taking the lead on the third lap and holding on for a well-deserved win.

Cambuslang repeated last year's victory in the Young Athletes race after a disastrous start, when their Junior Boy finished 20th. Fine recovery runs by Sam Wallace and Pat Morris, who each had the second fastest time in his age-group, eventually brought them home comfortably, ahead of Kilbarchan, who were the surprise packet of the day, finishing two teams in the first four, and three in the first ten.

1, Bellahouston (G. Getty 14:18, A. Daly 14:37, A. Coyne 14:21, G. Braidwood 13:49) 56:55; 2, Law (J. Burns 14:24, H. Forgie 14:17, W.

Dickson 14:39, D. Frame 13:36) 56:56; 3, Spango Valley (L. Stewart 14:38, C. Spence 14:12, T. Wilkie 14:42, L. Spence 14:08) 57:40; 4, Glasgow Univ. 57:51; 5, Cambuslang 58:21; 6, Kilbarchan 58:36; 7, Greenock Wellpark 58:48; 8, Bellahouston 'B' 58:57; 9, Dumbarton 59:14; 10, Strathclyde Pol. 60:10; 11, E. Kilbride 60:14; 12, Glasgow Univ. 'B' 60:28; 13, Cambuslang 'C' 60:35; 14, Cambuslang 'B' 60:43; 15, Clydebank 60:46; 16, Shettleston 60:58; 17, Springburn 61:13; 18, Greenock Glenpark 61:34; 19, Clydesdale 61:54; 20, Ayrshire 62:01. **Fastest:** Frame 13:36; W. Sheridan (W'lands) 13:44; Braidwood 13:49; R. Quinn (Kilb) 14:05; L. Spence 14:08; A. Girling (Glas. U) 14:10; E. Stewart (Cam), A. Wilson (Glas. U) & C. Spence 14:12. (**Young Athletes** — **JB, SB, Y:**) 1, Cambuslang (C. Wilson 13:09, S. Wallace 11:30, P. Morris 11:20) 35:39; 2, Kilbarchan (B. Kirkwood 12:31, N. Cassidy 11:52, P. Mayles 11:29) 35:52; 3, Ayr Seaforth (R. Beattie 13:35; B. Tyrie 11:37, J. Graham 10:47) 35:59; 4, Kilbarchan 'B' 36:08; 5, Victoria Park 36:18; 6, Clyde Valley 36:21; 7, Clydesdale 36:22; 8, Nith Valley 36:26; 9, Clydebank 36:33; 10, Kilbarchan 'C' 36:36. **Fastest:** Jnr. Boys: R. Blair (VP) 12:22; F. McCowan (VP 'B') 12:29; G. Stewart (Dumb) 12:30. Snr. Boys: R. Donnelly (C'bank) 11:26; Wallace 11:30; J. McGlade (Mary) 11:32. Youths: Graham 10:47; Morris & B. Scally (Shett) 11:00.

SWCCU NATIONAL ROAD RELAY CHAMPS At Caird Park, Dundee, October 30th

1, Glasgow (F. McQueen 12:24, L. MacDougall 12:07, M. Wylie 12:34) 36:55; 2, Edinburgh Southern (A. Johnson 12:39, S. Goldsmith 13:08, E. Barrett 12:38) 38:25; 3, Aberdeen (S. McLaren 12:05, J. Robertson 12:55, V. Tyrie 13:34) 38:34; 4, Glasgow 'B' 38:37; 5, Edinburgh AC 41:04; 6, Edinburgh Univ. 45:33. **Fastest:** Y. Murray (EAC) 11:42; McLaren 12:05; MacDougall 12:07. (**Inters:**) 1, Victoria Park (C. Devlin 8:21, J. Stewart 8:29, M. Coyle 8:50) 25:40; 2, Glasgow (A. MacDougall 8:44, E. Reilly 8:40, S. Trotter 9:02) 26:26; 3, Glasgow 'B' 26:46; 4, Ayr Seaforth 27:20; 5, Victoria 'B' 28:54; 6, Dundee Hh. 30:06. **Fastest:** Devlin 8:21; L. Docherty (VP 'B') 8:25; Stewart 8:29. (**Juniors:**) 1, Victoria Park (L. Morland 6:02, C. Bartley 6:29, L. Rankin 6:00) 18:31; 2, Pitreavie (C. Higgins 6:18, S. Gault 6:21, S. Springett 6:06) 18:45; 3, Victoria Park 'B' 18:48; 4, Aberdeen 19:15; 5, Edinburgh AC 19:18; 6, Glasgow 19:19; 7, Edinburgh Southern 19:35; 8, Edinburgh Southern 'B' 19:46. **Fastest:** C. Sheehan (A'deen) 5:59; Rankin 6:00; Morland 6:02. (**Girls:**) 1, Colzium (E. Finnigan 3:52, D. Keenan 3:59, J. Cassidy 3:52) 11:42; 2, Victoria Park (C. Greenlees 4:01, L. McLaughlin 3:57, C. Morland 3:49) 11:47; 3, Pitreavie 11:51; 4, Dundee Hh. 11:54; 5, Victoria Park 'B' 12:01; 6, Edinburgh AC 12:04. **Fastest:** M. Cherry (A'deen) 3:42; L. Svaasand (Pit) 3:44; B. Quinn (Tay) 3:46. (**U/11:**) 1, Pitreavie (E. Grant 4:12, N.